

Meeting Minutes
Juneau Commission on Aging (JCOA)
October 8, 2019
10:30AM
JEDC Conference Room, 612 W. Willoughby Ave., Suite A

I. Call to Order

The meeting was called to order at 10:30AM. The meeting was chaired by Emily Kane.

Board members present: Emily Kane; Justin Jones; Paul Douglas; Lisa Oberle; Sue Warner

Board members absent: Eileen Hosey; Alicia Hughes-Skandjis; Linda Kruger; Will Muldoon; Carol Ende

Others: Robyn Mesdag

II. Approval of Agenda

Agenda was approved by unanimous consent

III. Approval of minutes from previous meeting

Minutes from the September 10, 2019 meeting were approved by unanimous consent

IV. Public Participation on Non-Agenda Items

None.

V. Discussion Items

A) Brainstorming how to make Juneau village friendly given our existing constraints

There was discussion on the new Glory Hall complex and if there was room for a senior playground. Another idea was for exercise equipment along a walkway near the building. AARP may have a grant for designing senior playgrounds/senior parks that the JCOA may explore. There is also a class at JDHS that designs something each year, perhaps a senior playground could be the next project. The JCOA would like to speak with Parks and Rec about opportunities.

It seems there are many activities going on for seniors around town, but they are dispersed and in different locations. There was discussion on how to find a place to consolidate senior activities

JCOA Board Members: Emily Kane, Carol Ende, Sue Warner, Paul Douglas, Linda Kruger, Eileen Hosey, Lisa Oberle, Justin Jones, Will Muldoon

The idea of senior passes at JRC was discussed, perhaps with a few classes mid-day while other people are at work.

Sue is going to follow up with Sarah at the cooperative extension about the StrongWomen program.

A) Senior Survey update

The postcard has been approved. JEDC is working on getting the mailing permits in place that are necessary to be able to send out the survey and have people be able to drop the survey in the mail without return postage. The postcards should go out in the next few weeks. In February the JCOA will start thinking about what else should be in the document rather than just analysis of the data, so it can also be a reference for seniors.

B) Discussion on future topics/speakers/initiatives for the JCOA

It was discussed that the JCOA should invite Rory Watt and people from Parks and Recreation for future meetings. The JCOA will also have formal elections at an upcoming meeting, once current board members reapply for their seats. Discussion on training for CNAs and home health aids was also discussed.

VI. Other Business

The next meeting date will be November 12th at 10:30AM, which will be the regularly scheduled time for the JCOA to meet going forward.

VII. Adjournment

The meeting was adjourned at 1:05