

Meeting Minutes
Juneau Commission on Aging (JCOA)
November 12, 2019
10:30AM
JEDC Conference Room, 612 W. Willoughby Ave., Suite A

I. Call to Order

The meeting was called to order at 10:30AM. The meeting was chaired by Emily Kane.

Board members present: Emily Kane; Carol Ende; Justin Jones; Paul Douglas; Lisa Oberle; Sue Warner; Eileen Hosey

Board members absent: Michelle Hale; Linda Kruger; Will Muldoon

Others: Robyn Mesdag, JEDC; Marianne Mills, Southeast Senior Services

II. Approval of Agenda

Agenda was approved by unanimous consent

III. Approval of minutes from previous meeting

Minutes from the October 8, 2019 meeting were approved by unanimous consent

IV. Public Participation on Non-Agenda Items

None.

V. Discussion Items

- A) Colby Shibler, Park Maintenance Supervisor, CBJ, 907-364-2800,
Colby.shibler@juneau.org
Lauren Verrelli, Recreation and Public Services Manager, CBJ, 907-586-0423,
lauren.verrelli@juneau.org

Lauren spoke about programs for seniors. A new senior open gym at Mt. Jumbo, 2:00 – 4:00PM on Wednesdays for \$3/person just started. It includes Pickleball, ping pong and cornhole. Lauren is hoping to develop the open gym more going forward. In the spring she is hoping to have a program at DPAC in the event room. This could include activities such as yoga, chair yoga and dance classes. She is hoping to have more opportunities for seniors to come out and have an activity and also get to be social. She has advertised on the radio, newspaper and hung posters

JCOA Board Members: Emily Kane, Carol Ende, Sue Warner, Paul Douglas, Linda Kruger, Eileen Hosey, Lisa Oberle, Justin Jones, Will Muldoon

around town. She asked if the JCOA had any other ideas of how/where to advertise. The JCOA suggested some other places to advertise, including Mountainview, Fireweed, Trillium, Daybridge the libraries, the senior center and AARP.

The JCOA introduced the idea of a senior playground and there was discussion about a pathway/senior playground along the walkway from Trillium to the field house. Part of that path is privately owned. Colby mentioned that they have spoken in the past about a senior playground but nothing seriously. The JCOA noted that it is something they would like to pursue having in Juneau.

Emily is going to draft a proposal for the JCOA to review.

B) Senior Survey update

The postcard has gone out. The survey has been distributed to Fireweed place, JEDC, CBJ, the Pioneer Home, the Senior Center and all libraries in town. There is a line that people can call if they would like a physical copy and the answering machine lists where in town they can pick them up, or they can leave a message and have one mailed to them. There has been a good response to the postcard so far, with over 900 electronic responses. The JCOA is going to have board members work on entering completed hard copy surveys and also will work on outreach.

C) Discussion on future topics/speakers/initiatives for the JCOA

The next meeting is Eileen's last meeting with the board. The board would like to set aside time to speak with her since she has so much knowledge about senior issues in town. The JCOA would also like to bring in Joan O'Keefe to speak about SAIL services available in Juneau for seniors, as well as information on United Human Services of SE Alaska and their plans for a social service nonprofit center.

D) Other Business

The next meeting date will be December 10th at 10:30AM.

E) Adjournment

The meeting was adjourned at 11:30AM